# **BOWLS NEW ZEALAND COACH DEVELOPMENT COURSES**

Bowls Taranaki want to get more coaches in our region. The role of a coach is vital for every bowler, from first-year juniors to Blackjacks!

The Bowls New Zealand Coach Development Framework programme is offering the following courses:

#### **Foundation Coach**

Target Player: Beginners, social, school-aged. Duration: 3-5 hours. Cost \$50 -Includes the "From Go to Pro" games and skills booklet and workbook.

Foundation coaches can come from anywhere, it's not about who they are but rather whether they understand and care about the development of people and offering them an enjoyable experience that will make them want to come back for more.

# Foundation Course Cost: \$50

Dates: Saturday 14 June 2025

Time: 9am - 4pm

Venue: Paritutu Bowling Club



#### <u>Development Coach Course</u>

Target Player: Intermediate to advanced bolwers at club, centre and national level. Duration: 12 hours either over a weekend or four evening sessions. Cost \$100 - Includes coaching booklets; "The Basics", "The Principles of Coaching", and "Skills & Drills".

The Development coach will faciliate higher level skill development, decision making, and goal setting in the sport context. This course will take you to the next level, giving you a deeper understanding of the coach approach. The focus is on coaching principles and sport specifc knwoledge to equip coaches to offer challenging and enjoyable training opportunites for developing players.



<u>Development Course</u> - Reading heads and how to train

Cost: \$100

Dates: Saturday 14 & Sunday 15 June

Time: 9am - 4pm Venue: Paritutu Bowling Club

#### **Development Coach Update/Re-accrediation Course**

Target Player: Intermediate to advanced bowlers at club, centre, and national level. Duration: 4 hours either a weekend day or evening session. Cost \$30 - Including coaching materials.

If you have a Development Coach accreditation and still actively coaching after two years, then it's time to refresh by attending this course and keep your accreditation active.

<u>Development Coach Update/Re-</u> accrediation Course Cost: \$30

Dates: Sunday 15 June 2025

Time: 9am - 1pm

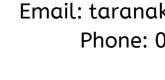
Venue: Paritutu Bowling Club



To enter any of the coach development courses, please contact:

Ian Lewis

Email: taranakibowls@xtra.co.nz Phone: 027 757 8800





# THE FOUNDATION COACHING COURSE

#### THE PARTICIPANTS THEY COACH

Foundation coaches support participants enjoying their first experiences in bowls. The vast majority of the participants will be adults wanting an enjoyable experience with work colleagues, mates who play organized bowls, and younger children who are encouraged by Intermediate and even Primary Schools sessions.

## **WHO THE COACHES ARE**

Foundation coaches can come from anywhere. It's not about who they are, but rather whether they understand and care about the development of people and offering them an enjoyable experience that will make them want to come back for more.

#### **TYPICALLY FOUNDATION COACHES ARE**

- Club members who co-ordinate Mates in Bowls, Business House Bowls, and Corporate Bowls
- Parents
- Secondary School teachers
- Community Development Officers
- Older Secondary School students
- Tertiary students

#### THE IDEAL FOUNDATION COACH WILL

- Nurture a love or sport and recreation
- Focus primarily on fun, participation and skill development
- Understand the needs of the participant
- Encourage multiple sports and skills
- Understand that they are in the business of creating not only better players, but better people
- Have a sense of working in a wider coaching community with similar goals

#### THE FOUNDATION COURSE

- Highlight the role of the coach, show the basic delivery, show alternative fun games with booklet included, and other applicable information
- Will be non-examinable
- A coach is accredited on completion of the course
- Coaches will receive the From Go to Pro games and skills booklet, a workbook, and other appropriate material

Athletes are welcome to come along on Saturday and/or Sunday if they would like some coaching. Please inform Ian if you will be attending

# THE DEVELOPMENT COURSE

### THE PARTICIPANTS THEY COACH

- Development coaches support a wider range of participants and coach adults who play and enjoy organized bowls in a competitive environment.
- Development coaches also coach young people who continue in organized sport through Secondary School in the club setting. This might include those junior players (in terms of playing years) developing to play at a Representative or National level.

## **WHO THE COACHES ARE**

Development coaches can come from anywhere. It is not about who they are, but rather whether they understand and care about the development of people in the sports of all ages.

#### **TYPICALLY DEVELOPMENT COACHES ARE**

- Club Coaches
- Club Players
- Community Development Officers
- Tertiary Students

## THE IDEAL DEVELOPMENT COACH WILL

- Nurture a love or sport and recreation
- Focus on skill development and decision making
- Understand the needs of adults who play and enjoy organized Bowls in a competitive environment
- Reinforce ethical approaches to sport and recreation
- Provide for participants' needs and aspirations
- Understand that they are in the business of creating not only better players, but better people
- Have a sense of working in a wider coaching community with similar goals

#### THE DEVELOPMENT COURSE

- Highlight Coach Approach, The New Zealand Way delivery, Technique Analysis, Sport Science, etc.
- Coaches will be assessed in a variety of ways
- Once a coach has been accredited, they will be encouraged to update every two years if they wish to continue actively coaching

Coaches will receive a workbook and the following coaching booklets; The Basics, The Principles of Coaching, Skills, and Drills, and other appropriate material.

Athletes are welcome to come along on Saturday and/or Sunday if they would like some coaching. Please inform Ian

if you will be attending